

Central MA Mental Health and Substance Abuse Referral Resources

Inpatient Treatment

Ad Care Hospital and Treatment Centers Worcester

1-800-ALCOHOL

<http://adcare.com/programs/adcare-outpatient/worcester-op/>

ASAP (Adolescent Substance Abuse Program) At Children's Hospital

617-355-2727

Has offices in Waltham and Boston Campus

<http://www.childrenshospital.org/centers-and-services/adolescent-substance-abuse-program>

Community HealthLink

Inpatient Treatment in Worcester 508-860-1200

Emerson Hospital Addiction Services:

1-978-287-3520; 133 Old Road to Nine Acre Corner, Concord MA 01742

Offers a full range of drug and alcohol addiction services including [inpatient detoxification](#), a comprehensive [addiction rehabilitation program](#) and ongoing early recovery groups and [self-help meetings](#).

Metro-West Medical Center:

www.mwmc.com/medical-services/behavioral-health

Framingham Union Hospital: 508-383-1000

Leonard Morse Hospital: 508-650-7000

Crisis Assessment Team: 508-650-7380

Motivating Youth Recovery

20-bed acute detoxification and stabilization program (up to 30 days) for female adolescents 13-17

<http://www.communityhealthlink.org/chl/youth-and-family-services/adolescent-substance-abuse-treatment->

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North Central Human Services, Gardner, MA

<http://treatment-facilities.healthgrove.com/l/4979/North-Central-Human-Services>

Intake: (978) 632-9400 x 137

Northeast Behavioral Health, Tewksbury <https://www.rehab.com/northeast-behavioral-health/6902962-r>

Spectrum Health Services

Pleasant St. Suite 8, Leominster, MA, 978-840-0278

Residential treatment for young males

http://www.spectrumhealthsystems.org/services#inpatient_detoxification

Outpatient Treatment

Advocates Inc

Ayer Outreach Site, 11 Depot Square Ayer, MA 01432 ; (978)772-1846

Accepts many insurances, including MassHealth. Offices in Marlborough and Framingham. 508-628-6300

<http://www.advocates.org/services/counseling-psychiatry>

Interface Referral Services

(Monday thru Friday 9a-5p) 617-332-3666 X1411

<https://interface.williamjames.edu/>

LUK, Inc.

545 Westminster St., Fitchburg, MA 01420 Phone: 978-345-0685;

Toll-free (8:30am-5:30pm, M-F): 800-579-0000; Direct Line (voice mail & afterhours): 978-829-2312

<http://luk.org/services/services-overview-mainmenu-191/substance-abuse-services-mainmenu-397>

Mobile Crisis

Y.O.U Inc

Worcester

<http://www.youinc.org/services/community-based/substance-abuse-services.html>

1-855-4YOUINC

Addiction Recovery Management Service (ARMS) (Mass General Hospital)

617-643-4699

Bradford Feltus, private practice, Lancaster, MA 978-365-4966.

Genesis Counseling Services:

www.genescounselingservices.org

508-620-2992

Montachusett Addiction Council

51 Central St., Leominster, MA 01453, 978-537-2450

South Middlesex Opportunity Council:

www.smoc.org

508-879-2250

Wayside Youth and Family Support Network:

<http://www.waysideyouth.org>

508-879-9800

Massachusetts Resources

Alcohol and drug referral helpline: 800-327-5050

Gavin Foundation

<http://www.gavinfoundation.org/>

Massachusetts Substance Abuse Information and Education Helpline

<http://helpline-online.com>

1-800-327-5050

CATALYST (Center for Addiction Treatment for Adolescents/Young Adults Substance)

At Boston Medical Center

<https://www.bmc.org/about-us/stories/catalyst-clinic-bmc>

617-444-6655

CeASAR (Center for Adolescent Substance Abuse Research (Children's Hospital))

www.ceasar-boston.org

617-355-2727

Youth and Young Adult Services for Substance Use in Massachusetts (On Line Resource Guide)

<http://www.mass.gov/eohhs/docs/dph/substance-abuse/oyvas-directory-digital.pdf>

Massachusetts Bureau of Substance Abuse Services

www.mass.gov/dph/bsas

Massachusetts Al-Anon and Alateen

www.ma-al-anon-alateen.org/

Learn To Cope

www.learn2cope.org/

Massachusetts Organization For Addiction Recovery

www.moar-recovery.org

Newton Wellesley Hospital Pediatric Psych Triage Line

Referral line Number: 617-243-6328

The Castle (Clean and Sober Teens Living Empowered)

<http://www.castlekids.org/>

508-638-6000

MA Treatment Resources

- ▶ **Central Intake and Care Coordination for Adolescents with Substance Use Disorder Problems (CICC)**
 - ▶ Phone: 1-617-661-3991, toll-free 1-866-705-2807
 - ▶ TTY: 1-617-661-9051.
 - ▶ <http://www.healthrecovery.org/>
 - ▶ email: outpatient@healthrecovery.org
- ▶ **The Massachusetts Substance Abuse Information and Education Helpline**
 - ▶ www.helpline-online.com
 - ▶ Phone: 800-327-5050
 - ▶ TTY: MassRelay: 711 or 1-800-439-2370

Recovery High Schools in Massachusetts

Call the recovery high schools listed below to make a referral or for more information about their services.

William J. Ostiguy High School
19 Temple Place
Boston, MA 02111
617-348-6070 | TTY 617-423-9215

Independence Academy
460 Belmont Street
Brockton, MA 02301
508 -510 - 4091

North Shore Recovery High School
502 Cabot Street
Beverly, MA 01915
978-922-3305

Liberty Preparatory Academy
37 Alderman Street
Springfield, MA 01108
413-750-2484 | TTY 413-750-2484

Central Massachusetts Special Education Collaborative
20 Rockdale Street
Worcester 01606.
508- 459-5463

Self-administered alcohol and drug use assessment tools

Under the heading "Substance Use Assessment Tools and Resources": <http://www.concern-eap.com/pi/pi-current-provider.htm>

Support Group: Nashoba Valley Medical Center Free Support Groups

Groups meet in Conference Room B. For information, call Donna Horvac at **978-449-0497**

AA Support Group Saturdays, 7:00 to 9:00 p.m.

Alanon Support Group Thursdays, 7:00 to 8:30 p.m.

Alanon for Women Support Group Sundays, 7:00 to 8:30 p.m.

AA Support Group for Women Sundays 10:00 a.m. to noon

Addiction Reading List

1. [1. Sober For Good- Solutions for Drinking Problems](#) Anne Fletcher
2. [Controlling Your Drinking](#) Miller & Munoz
3. [The Addictive Personality: Understanding Addictive Process & Compulsive Behavior](#) Craig Nakken
4. [Adult Children of Alcoholics \(ACOA\)](#) Janet Woititz

Hidden in Plain Sight Interactive Parent Website

<http://powertotheparent.org/hidden-in-plain-sight/>