



# What is Healthy Families?

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Healthy Families is a newborn home visiting program that provides new parents with information on child development, support, and a link to community resources.

Participation in the program is completely voluntary and free of charge. The home visits are designed around the parent's needs and schedule.

## Who is Eligible?

- Young parents under the age of 21 who are pregnant or parenting their first child.
- The family can be enrolled up to the time of the child's first birthday.
- Families may receive services until the first child reaches the age of three.

## What do we do?

- Provide the support that you need
- Share information on child development
- Connect you with the community resources you may need (health care, child-care, housing, WIC)
- Help you reach the goals you set for yourself and your child
- Have lots of fun in the process

**Serving: Ashland, Bellingham, Blackstone, Douglas, Foxboro, Framingham, Franklin, Holliston, Hopedale, Hopkinton, Hudson, Marlborough, Maynard, Medfield, Medway, Mendon, Milford, Millis, Millville, Natick, Norfolk, Northborough, Northbridge, Plainville, Sherborn, Southborough, Stow, Sudbury, Sutton, Upton, Uxbridge, Walpole, Wayland, Westborough and Wrentham**

**To make a referral,  
please contact our referral line 1-800-482-5620**



**healthy  
families**

a children's trust program



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CHILD ENRICHMENT

...where creativity comes to play